

**November Elementary Lunch Menu HHFKA
K-8 (age 5-13)**

Monday

Tuesday

Wednesday

Thursday

Friday

1

Quesadilla
Orange Chicken and Fried Rice
Broccoli, steamed
Carrot, baby
Pineapple Tidbits
Mixed Fruit
Cookie, Variety
Milk Skim
Milk, chocolate skim

2

Corndog on a Stick
Meatball Sub w/marinara
Potato Cubes
Corn
Apple, fresh sliced or whole
Pears
Milk, chocolate skim
Milk Skim

3

Chicken Nuggets
Pasta with Alfredo Sauce
Green Beans
Cole Slaw
Juice Cup or Box
Frozen strawberries
Milk, chocolate skim
Milk Skim
Tea Roll WG

4

Bosco Sticks and Sauce-2
Bratwurst on Bun
Baked Beans
Spudsters
Mandarin Oranges
Applesauce Cup
Milk, chocolate skim
Milk Skim

7

Pizza, sausage MAX
Flying Saucer
Carrot and Celery
Mixed Veggies
Juice Cup or Box
Peaches
Milk, chocolate skim
Milk Skim
Oreo Cookies

8

Grilled Cheese
Chicken Fajita
Corn
Fresh Cut Veggies
Mixed Fruit
Pineapple Tidbits
Seasoned Noodles
Milk Skim
Milk, chocolate skim
Salsa, prepared

9

Pulled Pork Sandwich
Grilled Chicken on WG Bun
Carrot, diced
Chicken Rice
Cucumber Salad
Banana
Applesauce
Milk Skim
Milk, chocolate skim

10

Chicken Tenders
Pasta and Meat Sauce
Garden Salad
Green Beans
Pears
Mandarin Oranges
Tea Roll WG
Milk Skim
Milk, chocolate skim

11

Hot Dog on WG White Bun
Breaded Chs Sticks/Sauce
Baked Beans
Sweet potato casserole
Juice Cup or Box
Raisels
Milk, chocolate skim
Milk Skim

14

Stuffed Crust Pizza
Chicken and Noodles & Bis
cuit
Corn, creamed
Green Beans
Banana
Juice Cup or Box
Milk Skim
Milk, chocolate skim

15

Pork Loin on WG Bun
Walking Taco
Broccoli, steamed
Carrot, diced
Peaches
Mixed Fruit
Tea Roll WG
Churro Crackers
Milk Skim
Milk, chocolate skim

16

Burger on Bun
Crispito and Cheese Stick
Baked Beans
Peas
Pear, fresh
Mandarin Oranges
Milk, chocolate skim
Milk Skim
Sunchips, wholegrain

17

Popcorn Chicken
Italian Dunkers - Ele
Sweet Potato Fries
Corn
Juice Cup or Box
Apple, slices. IW
Milk, chocolate skim
Milk Skim

18

Sausage & Egg on Bun
BBQ Rib on WG
Potato Cubes
Fresh Cut Veggies
Kiwi Fruit
Applesauce, Straw. Cup
Milk Skim
Milk, chocolate skim
Jello with Fruit

21

Pizza Cheese Crunchers
Shrimp Bites
Garden Salad
Baked Beans
Pears
Juice Cup or Box
Milk Skim
Milk, chocolate skim

22

Wild Mike's Cheese Bites/S
auce
Tacos & Cheese
Corn
Broccoli, steamed
Peaches
Orange Smiles (4)
Tea Roll WG
Milk, chocolate skim
Milk Skim
Salsa, prepared

23

No school today

24

No school today

25

No school today

28

No school today

29

Chicken Patty on WG Bun
Taco Salad
Tater Tots
Broccoli & Cheese
Juice Cup or Box
Banana
Tea Roll WG
Milk Skim
Milk, chocolate skim
Uncrustable and String Cheese

30

Chili and Cinnamon roll
Hot Ham & Cheese on WG
W bun
Fresh Cut Veggies
Green Beans
Mandarin Oranges
Mixed Fruit
Milk Skim
Milk, chocolate skim
Crackers, Saltines

Menu subject to change due to availability of products